

# Want to become a Lifeguard?

## THE BOYS AND GIRLS CLUB OF CLIFTON IS HOLDING A LIFEGUARD TRAINING COURSE



### **AGE REQUIREMENT:**

Must be 15 years old by 5/09/26

### **PREREQUISITE:**

Must be able to continuously swim 300 yards of freestyle and breaststroke and retrieve a 10 lb. brick from 12 feet deep water.

### **DATES**

**May 9<sup>th</sup> 8am-1:30pm &**

**May 10 8am-12:30pm**

**Final Test will be held on Sunday, May 10<sup>th</sup>!**

**YOU MUST COMPLETE ONLINE MODULES BEFORE  
ATTENDING IN-PERSON CLASSES!!!**

**YOU MUST ATTEND BOTH CLASSES**

**\*DATES AND TIMES SUBJECT TO CHANGE\***

**FEE:** \$290 PLUS

\$40 YOUTH MEMBERSHIP (Ages 15-17)

OR

\$60 ADULT MEMBERSHIP (Ages 18+)

**Make a payment in the Aquatic Office by May 2nd. Office is open 3:00 - 7:00 pm. Credit/Debit cards, cash and checks are accepted for this course. Checks are payable to Clifton Boys & Girls Club.**

**REGISTRATION WILL BE HELD ON A  
FIRST COME - FIRST SERVE BASIS  
IN THE AQUATICS OFFICE STARTING**

**Registration Now Open until May 2<sup>nd</sup>!**

**PLEASE CALL 973-773-2697 ext. 131 or 130**

**FOR ADDITIONAL INFORMATION**

