

Want to become a Lifeguard?

THE BOYS AND GIRLS CLUB OF CLIFTON
IS HOLDING A LIFEGUARD TRAINING COURSE



AGE REQUIREMENT:

Must be 15 years old by 12/1/24

PREREQUISITE:

Must be able to continuously swim 300 yards of freestyle and breaststroke and retrieve a 10 lb. brick from 7 feet deep water.

The course will be held on:

TBD from 8:00 am to 1:00 pm

TBD from 8:00 am to 12:00 pm

Final Test will be held on TBD

YOU MUST ATTEND EVERY CLASS!!!!

DATES AND TIMES SUBJECT TO CHANGE

FEE: \$230 PLUS

\$40 YOUTH MEMBERSHIP (Ages 15-17)

OR

\$60 ADULT MEMBERSHIP (Ages 18+)

Credit/Debit cards, cash and checks are accepted for this course.

Checks are payable to Clifton Boys & Girls Club

**REGISTRATION WILL BE HELD ON A
FIRST COME - FIRST SERVE BASIS
IN THE AQUATICS OFFICE STARTING**

Registration Now Open!

**PLEASE CALL 973-773-2697 ext. 135
FOR ADDITIONAL INFORMATION**

