



Adult Lap Swim-Reservation

To: All Adult Lap Swimmers

We are happy to announce the reopening of our Adult Lap Swim program. Due to the Local Health Department and New Jersey State guidelines and regulations, we can only operate at 25% capacity. In order to accommodate our swimmers, we are starting a pool time reservation.

Adult Lap Swim times: Monday to Friday 8:00 AM to 1:00 PM

- Limited to 3 Reservations per week per swimmer.
- Reservations will be open every Thursday & Friday from 9:00 am to 1:00 pm for the following week.
 - “Cancellations” and other open “Time Slots” will be open to everyone on Monday from 9:00 AM to 1:00 PM.
 - 24 Hours cancellation is required-NO SHOWS will not be able to register for the following week.

Rules and Regulations

- Swimmers will only be allowed to enter the building 10 minutes prior to their reserved time.
- Temperature/screening at the front desk, prior to entering the club.
- All Swimmers **MUST** wear a mask at all times while not in the water, including pool deck and locker rooms.
- All Swimmers **MUST** maintain 6” Feet Social Distance at all times.
- All Swimmers **MUST** have footwear on pool deck.
- Swimmers will **ONLY** be allowed to swim for 45 minutes.
- All Swimmers **MUST** bring their belongings onto the pool deck.
The use of Lockers is Prohibited.
- Lifeguard will blow the whistle 45 minutes past the hour for all swimmers to exit the pool.
- Swimmers will only have 15 minutes to change and exit the Club.
NO SHOWERS, Hair blow-dryers, nor Makeup will not be permitted in locker rooms.

****Memberships that expired after April 1st will be adjusted upon renewal.**

* Schedule and Rules and Regulation are subject to change
To Reserve a time Please call (973) 773-2697 Ext 114 or 127 or 135

Warning/Disclaimer: **COVID-19 Pandemic** **is Ongoing**

The novel coronavirus, COVID-19, is an **extremely contagious** virus that spreads easily through person-to-person contact.

Federal and state authorities recommend social distancing as a means to prevent the spread of the virus.

COVID-19 can lead to severe illness, personal injury, permanent disability, and death.

Participating in this organization's programs or accessing our facilities could increase the risk of contracting COVID-19.

This organization in no way warrants that COVID-19 infection will not occur through participation in our programs or accessing our facilities.